

16
REPORT

OF

THE COMMITTEE OF VISITORS

OF THE

Bedford Lunatic Asylum,

FOR THE YEAR ENDING

, THE 31ST OF DECEMBER, 1851.

WITH APPENDIX.

Bedford :

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—
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THE COMMITTEE OF VISITORS,

FOR THE YEAR, 1852.

FOR THE COUNTY OF BEDFORD.

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FOR THE BOROUGH OF BEDFORD.

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REPORT
OF THE
COMMITTEE OF VISITORS
OF THE
BEDFORD LUNATIC ASYLUM,
FOR THE YEAR ENDING DECEMBER 31st, 1851.

IN pursuance of Rule xvi for the government of the Bedford Lunatic Asylum, the Committee of Visitors now submit their Annual Report on the state and condition of the Institution, together with their Report of the Audit of the Accounts of the Treasurer and Clerk of the Asylum, in conformity to the provisions contained in the fortieth section of the Act 8 & 9 Vict. cap. 126.

It is with pleasure the Committee can repeat the expression of their entire satisfaction at the general state and condition of the Asylum, and to record that they continue to entertain a high opinion of the skill and attention of the Medical Officers.

The number of Patients in the Asylum at the commencement of the year was 269, and during the year 78 additional Patients were admitted, making a total of 347 Patients. Of these, 16 males and 10 females were discharged cured; 9 males and 18 females were discharged uncured, and placed under the care of

their friends, or removed to the Workhouses of the Unions to which they respectively belonged, as harmless and inoffensive ; and 27 Patients, viz. 16 males and 11 females have died : leaving in the Asylum on the 31st December, 1851,—males 131, females 136, Total 267.

Of the latter number there were from

Name of County, &c.	M.	F.	Total.
Bedfordshire	47	47	94
Bedford Borough	2	2	4
Hertfordshire	59	61	120
Huntingdonshire	22	26	48
Oxfordshire	1	..	1
Total	131	136	267

The daily average number during the year has been 267.

The average number of Patients attending Chapel has been 79, and an average of 114 has been occupied on the Garden and Farm, or within the walls of the Institution.

The Committee are happy to report that the Asylum has been very healthy during the Year, as will appear on reference to the Medical Officer's Report and Statistical Tables. In the cases of 3 male Patients who were found dead in their beds, Coroner's Inquests have been held, and the verdict returned in each case was "Death from Natural Causes."

In the Report for 1850, at page 12, a Copy of the Minute of the Commissioners in Lunacy on their Annual Visitation was inserted as a note, although made subsequently to the Meeting at which the Report was agreed upon, consequently the Visitors were unable to make any observations upon it.

The various suggestions contained in the Minute, have since been taken into consideration, and at the May Quarterly Meeting the Committee made such Orders thereon as appeared to them to be requisite.

Amongst the Orders then made, it may be desirable to enumerate the following :—

1. To remove the old chairs, designated by the Commissioners as the “Restraint Chairs,” but which, in fact, had not been used for many years.

2. The purchase of an additional number of easy leaning chairs for each side of the house, for the aged, feeble, paralytic, epileptic, and sick.

3. The construction of new and more convenient lavatories.

4. The continuance of the encouragement heretofore given to induce Patients to enter on various employments suitable to their capacities and condition.

5. The keeping of a daily Record of the number of Patients employed, and the description of their employment.

6. The adoption of a new Code of Rules for the guidance of the Attendants and Servants, a copy of which is appended to this Report.

The Committee are happy to state that the amount of restraint in this Asylum, compared with what existed some years ago, has greatly diminished; and they feel assured that the Superintendent, from his large experience and humane disposition, will not resort to this treatment, unless he considers it for the benefit and safety of the Patients.

A Record is carefully kept by the Resident Medical Officer of every case in which a Patient is restrained by mechanical means or placed in seclusion. During the past year the number of Patients subject to this treatment has been 56, the daily average has been 9.

The Committee have to report the completion of the new

Chapel, Wash-house, and Laundry, all of which have proved to be most valuable appendages to the Asylum. The Fittings to the Chapel and Wash-house not having been provided for in the Estimate submitted to the Quarter Sessions, the Visitors have been compelled to pay the expense thereof amounting to £118 : 15 : 3, out of the Maintenance Account. There is still an excess of expenditure of £23 : 4 : 0 over the sum granted. Divine Service is regularly performed in the Chapel once every Sunday, and the Committee have given directions for the purchase of a suitable Service of Communion Plate for the celebration of the Lord's Supper.

The Committee are also enabled to report the completion of the Gas Fittings at a cost of £143 : 9 : 0, the expenses of which have been charged to the Maintenance Account; and that great convenience and comfort accrue to the Officers as well as to the Patients, from the introduction of this safe and economical Light.

The Committee have found it necessary to prohibit the interment of Infirmary Patients in the Asylum Cemetery from and after the first day of July 1853, and in the mean time they have directed that no more than 6 interments of Infirmary Patients shall take place. The Burial Ground has been inclosed during the year on two sides, and partly on another, with a new Brick Wall of suitable construction, at a cost of £95 : 4 : 11.

In the course of the year, the Committee received a communication from the Chairman of the Committee of Visitors of the Somerset County Asylum, recommending a Petition to Parliament to provide an Asylum for the reception of Criminal Lunatics similar to the one adopted in Ireland, and the question was discussed at the November Quarterly Meeting, when a Resolution was unanimously agreed to, to the effect, that the Committee concur in the sentiments expressed in that communication.

The Committee have had practical experience of the evil arising from the confinement of this class of Patients in the

Asylum, as the construction of it does not afford that security against escape which it is necessary should exist; and in addition to this, the moral treatment of other Patients with whom they are necessarily associated, is materially interfered with.

The Commissioners of Improvement of the Town of Bedford having demanded of the Visitors the sum of £28 : 17 : 6. as the Rate or Assessment of the Asylum to the Improvement Rate under the powers of the Local Acts, and it appearing that the Asylum is exempted by the 25th section of the Act 8 & 9 Vict. c. 126, the Committee determined to refuse to pay the demand, and to leave the Commissioners to their remedy by action at Law. The Committee are not aware of any further steps having been taken in the matter.

At the October Monthly Meeting, in consequence of the Counties of Hertford and Huntingdon having exceeded the number of Patients prescribed by their respective Agreements for Union, and the crowded state of the Asylum generally; the Committee were obliged to direct that no new Patients shall be received from either of those Counties until the numbers shall be reduced below the maximum fixed by the Agreements. Since that time to the 5th of January last, there have been 13 applications for admissions, viz.—from Hertfordshire, 9, and from Huntingdonshire, 4; and of these numbers, the Committee have been only enabled to admit 2 from Hertfordshire, and 1 from Huntingdonshire. With the view therefore, of providing a remedy for this inconvenient state of things, the Committee instructed Mr. SMITH, County Surveyor, to be prepared by their Annual Meeting with Plans and Estimates for providing additional accommodation for an increased number of Patients, as well as for carrying into effect other improvements and alterations which have been long in contemplation, including the enclosure of the Asylum Premises, and the erection of a Porter's Lodge; all of which are now under the consideration of the Committee, preparatory to a special Report being made to the Justices of the several Counties, at their next Quarter Sessions.

The Asylum has been regularly visited during the Year.

The Commissioners in Lunacy have made their periodical Visitation, and recorded their Observations in the following words :—

“Bedford County Asylum, November 20th, 1851.

“There are 269 Patients in the Asylum, of whom 134 are Males and 135 are Females. Four of them are registered as being subjected to mechanical restraint, and 8 as being at present under Medical Treatment.

“We have to-day seen all the Patients, and inspected the Wards appropriated to their use. The Patients appeared to be generally healthy; 6 of them being in bed, but not all from bodily illness. The House was clean, and free from any unpleasant odour, and altogether in a creditable state.

“On reference to the suggestions contained in the last visit of the Commissioners, we find—

1. “That a Chapel, Laundry, and Wash-house have been erected.
2. “That Lavatories (on the Male side,) and Leaning Chairs for the Sick and Infirm Patients, on both sides, have been provided.
3. “That a new Code of Rules has been framed and printed, and that a regular Record of Employment is kept.
4. “That the Nurses recently engaged, have been able to read and write.
5. “We observed also that a Working Room has been provided, and is now in use, for the Male Patients.

“Since the last visit of the Commissioners, on the 11th of February last, 66 Patients have been admitted, 38 have been discharged, and 21 have died. The deaths being ascribed to Exhaustion, Paralysis, Epilepsy, and other Causes.

“In the last entry of the Magistrates some alteration is suggested in the bottom Pump Room ; we understand this suggestion will shortly be attended to.”

B. W. PROCTER, }
J. R. HUME, } *Commissioners in Lunacy.*

The accounts for the year have been duly made up and balanced.

The Receipts have been as follows :—

	£.	s.	d.
From Produce of Garden and Farm	176	13	5
From Miscellaneous.....	5	1	11
From Unions in the 3 Counties	4573	3	7
From County Treasurers for Criminal and Vagrant Lunatics.....	142	14	6
From Non-Contributory Districts.....	36	12	0
From the United Counties and Borough, Con- tribution towards building the new Chapel, Wash-house, and Laundry	750	0	0
	<u>£5684</u>	<u>5</u>	<u>5</u>

The Payments have been as follows :—

	£.	s.	d.
Maintenance Account	5203	15	0
Funerals, and other separate charges.....	16	2	1
Cemetery Wall.....	95	4	11
New Chapel, Wash-house, and Laundry (less fittings charged to Maintenance Account)	773	4	0
Building and Repairs	179	15	6
Garden and Farm	72	14	6
Total Payments...	<u>£6340</u>	<u>16</u>	<u>0</u>

The Balances due to the Asylum are—

	£.	s.	d.
From Steward	50	0	0
From Counties and Unions.....	70	10	1
From the County of Bedford, for Repairs	48	17	3
Total.....	<u>£169</u>	<u>7</u>	<u>4</u>

The Balances due from the Asylum are—

	£.	s.	d.
To Treasurer	607	13	7
To Counties and Unions	49	17	4 $\frac{1}{4}$
Total.....	<u>£657</u>	<u>10</u>	<u>11$\frac{1}{4}$</u>

Leaving a net Balance due from the Asylum of £488 : 3 : 7 $\frac{1}{4}$

The Garden and Farm Account has realized a net profit on the Year of £103 : 18 : 11.

The Committee were induced for the reasons stated in the last Report, to reduce the rate of Payment to 6s. 6d. per head week, which was continued for a second Quarter. The average charge for the year has therefore been 6s. 9d., but the actual cost has been 7s. 4½d. The Committee, however, feel that they were not justified in making this reduction, as upon an investigation of the items comprising the balance alleged to be due from the County of Bedford, it appeared, that the greater portion of the account was for Fittings and Furniture to the new Buildings, which should have been provided for in the Estimate, or charged to the debit of the Maintenance Account, when the expense was incurred.

The Committee, in conclusion, regret that no steps have been taken at present to remedy the defects in the Law, pointed out in their last Report.

(Signed,)

THO. CHA. HIGGINS, *Chairman.*
 GEO. W. ROWLEY,
 WILLIAM FRANKS,
 R. LINDSELL,
 CHAS. MOORE,
 C. C. BEATY-POWNALL,
 HENRY LITLEDALE,
 JAMES RUST,
 JAS. DUBERLY,
 GEORGE P. LIVIUS,
 MARLBOROUGH PRYOR
 JOHN HARVEY,
 BOTELER C. SMITH.

February 2nd, 1852.

The following Documents are appended to this Report :—

	APP.
REPORT OF VISITING SURGEON AND SUPERINTENDENT.	A.
REPORT OF CHAPLAIN.	B.
MANUAL OF DUTIES OF WARD ATTENDANTS AND SERVANTS.	C.
RESIDENT MEDICAL OFFICER'S STATISTICAL TABLES.	D.
ABSTRACT ANNUAL RETURNS, SCHEDULE D.	E.
ABSTRACT OF RECEIPTS AND PAYMENTS.	F.
ABSTRACT OF GARDEN AND FARM ACCOUNTS.	G.
ABSTRACT OF ACCOUNTS WITH COUNTIES AND UNIONS.	H.



APPENDIX
[A]

REPORT

OF THE

VISITING SURGEON AND SUPERINTENDENT,

AND THE

RESIDENT MEDICAL OFFICER.

To the Committee of Visitors of the Bedford Lunatic Asylum.

GENTLEMEN,

We have the honour to report that during the last year there have been 78 patients admitted: 37 males and 41 females. The number of admissions would have been greater had there been accommodation sufficient, as no less than 20 patients have been refused admission.

The average number of patients in the Asylum has been 267; and the total number in the Asylum during the year, 347.

We are happy to report that the number of patients disposed to commit suicide has been much less than usual.

There have been discharged 51 patients; 25 males and 28 females; of whom 26 have recovered, 23 improved, 4 not improved. Some of these have been removed by the desire of their friends, who have undertaken their care; and some, being quite harmless, have been removed to Union Houses, at the request of the Boards of Guardians.

There have been 27 deaths: 16 males and 11 females. The causes have been mostly generally decay and Epilepsy, but the table of mortality will show the cause in all cases.

The mortality has been less during the last year, and we attribute this to the dry Summer and Autumn. The number of deaths among the women has been only half that of last year.

The general health of the patients during the last year has been remarkably good, and no serious accident has occurred.

The classification, dietary, and discipline, have been the same as during the former year.

In obedience to your orders, we have drawn out a more detailed manual of duties for the ward attendants, which has been approved and distributed.

Several patients have been subjected to mild restraint, and we are still of opinion that in some cases, such restraint is the best and kindest mode of treatment. It is never used but by Medical authority, and every case is recorded.

About 110 patients male and female are employed in various ways.

We have now about 14 acres of land under spade cultivation, which is done by the patients under the superintendence of two Gardeners. And all the linen and female clothes, are made up by the patients, under the superintendence of a Sempstress.

Many other sorts of work are done by patients in various parts of the house and premises.

There are 32 epileptic patients: 13 males and 19 females. And there are 50 idiots: many of these are of dirty habits.

There are 9 Criminal patients, all of whom are males.

There are now 267 patients in the Asylum: 131 males and 136 females; the majority of whom are incurable.

The usual tables are appended.

The erection of a Chapel, larger Wash-house, Laundry, Brew-house, together with a Work-room have been of great convenience; but we still feel the want of some offices, more corresponding to the number of patients, such as a store-room for linen, a work-room for female patients, and a larger room for a female Infirmary.

The day rooms are nearly all too small for the number of patients, more especially, as some from their position, are not well adapted for thorough ventilation.

The lavatories on the male side are much improved ; and we hope soon to see those on the female side equally so, according to plans already submitted.

The late alterations have enabled us to give up a room for the quiet and convalescent patients, where they can read, and sing, and add much to their enjoyment.

We have the honour to remain,

Gentlemen,

Your obedient, humble Servants,

J. HARRIS,

Visiting-Surgeon and Superintendent,

BENJ. F. MATTHEWS,

Resident Medical Officer.

Bedford,
February 2nd, 1852.

APPENDIX

[B]

REPORT OF THE CHAPLAIN.

To the Committee of Visitors of the Bedford Lunatic Asylum.

GENTLEMEN,

The routine of the past year has been much the same as that of the preceding; except that during the last few months Divine Service has been performed in the new Chapel. The hour of assembling has been half-past ten invariably throughout the year: that time of the day having been found to be the most convenient for the household. I have great pleasure in noticing the very regular and punctual attendance of all whose turn it is to be present, as well as of those whose duty seems to call them constantly. The number of patients who are now present at the public Service seems to be greater than in former years; which is to be accounted for by the additional accommodation. The behaviour of the patients in Church is generally characterized by propriety, and in many instances by evident attention and devotion. The Singing is a part of the Service in which they take great delight, and when well led, is such as would not do discredit to any Congregation.

The construction of the Chapel is favourable to sound; the Minister's voice being audible with very moderate exertion. The experience of a winter has shown that in the cold months there is no difficulty in securing proper ventilation.

I will here take the liberty to thank the Committee for the liberal grant for Service Books, Altar Cloth, and Communion Plate; which has been purchased, and will I hope meet with their approbation.

The patients have been weekly visited in the sick rooms and in the day rooms and yards. To some this has I hope been productive of real advantage. Some sick patients seem to be

edified by reading and comforted by prayer, but in the majority of cases there has been, so far as I have been able to observe, little or no consciousness of the approach of death, nor any anxiety about a future state.

I have remarked one or two cases of real distress of conscience in persons whose temper has betrayed them into violence or other ill conduct. I cannot but consider such as hopeful cases: at any rate the value of religion, in furnishing a principle of resistance to that unrestrained temper which has justly caused them to be classed with the insane, is in their case very apparent.

I beg to thank the Magistrates for the leave of absence which they kindly granted me, and to assure them that, to the best of my belief, the duties of the Chaplain have been efficiently discharged by the Clergyman who undertook to officiate in my stead.

I have the honor to be,

Gentlemen,

Your obedient Servant,

EDWARD SWANN,
Chaplain.

~~£~~

Bedford,
February 2nd, 1852.

APPENDIX

[c]

MANUAL OF DUTIES

OF THE

WARD ATTENDANTS AND SERVANTS,

OF THE

BEDFORD LUNATIC ASYLUM,

*Agreed to by the Committee of Visitors, at a Quarterly Meeting, holden on
Tuesday, the 12th day of August, 1851.*

I. GENERAL REQUIREMENTS.

1. It is desirable that all attendants on the insane should be able to read and write, and all such who cannot do so, ought to acquire the knowledge as soon as possible.
2. It is necessary that they should be of good temper, and of a kind disposition, that they should control their feelings and receive provocation without resenting it.
3. They must always bear in mind that the insane are ill, and not responsible for what they say or do. That they are sent to the Asylum for their cure, and to be taken care of. That they are afflicted, and deserve our pity and kind consideration.
4. They may feel assured that kindness and forbearance will do much more towards gaining the patient's good opinion and compliance with rules, than harsh language and unkind treatment.
5. They must not be too prone to reprove little offences, nor to aggravate by needless notice of them before others.

II. THEIR DUTIES.

- 6 They shall rise every morning at half-past five when the bell rings, and go to bed at ten.
7. They shall wash and dress the patients under their charge every morning, or whenever required, and report to the resident Medical Officer any bruises or marks they may find upon their persons.
8. They shall report to the Steward or Matron every morning, and at all other times, any destruction of windows, utensils, bedding, or clothes worn by the patients.

9. All patients who may be considered by the resident Medical Officer able to be employed, may assist the attendants or servants, if the patients are willing to do so, but they must be induced and not compelled.
10. The attendants shall, with the assistance of the patients, make the beds, and remove all wet clothes and bedding as soon as possible, and shall clean the day rooms and sleeping departments so as to leave them as sweet and dry as practicable.
11. They shall remove and clean all utensils, and return them to their proper places, and at night shall take care each patient is provided with one.
12. They shall collect and clean all trays, trenchers, plates, spoons, tins, cans, and other articles, after each meal, and lock them up until again required.
13. They shall see that all patients under their charge have clean linen and stockings at least once a week, and oftener if required.
14. Every patient shall have a warm bath once a week, unless otherwise ordered by the resident Medical Officer, for the purpose of cleanliness. On being taken out they shall be made thoroughly dry.
15. The attendants shall cut the nails of the patients under their care once a fortnight, and shall see that their hair is cut as often as required.
16. The male attendants shall see that the patients under their care are shaved twice a week, or oftener if required.
17. They shall see that the patient's shoes are cleaned once a week, or oftener if required.
18. They shall give immediate notice to the resident Medical Officer, or, in his absence to the Steward or Matron respectively of the illness of any patient. Also when patients receive injury from others, and in cases where they refuse their food.
19. Any attendant hearing a noise or disturbance during the day or night, shall enquire into the cause of it, and if necessary immediately report it to the resident Medical Officer, Steward, or Matron.
20. They shall report to the resident Medical Officer anything particular or or unusual they may observe in the patients from time to time.
21. They shall treat the patients under their care with all kindness and forbearance, and shall not use unnecessary force or provoking language.
22. They shall not mention the names or talk of the conduct of the patients under their charge when out of the wards of the Asylum, nor take any message to or from patients without the sanction of the resident Medical Officer, Steward, or Matron.
23. They shall give all medicines or food as directed by the Superintendent or resident Medical Officer, and report from time to time the effect of the same.
24. They shall under no circumstances strike or ill-treat a patient, under pain of instant dismissal and prosecution.
25. They shall strictly carry out all the directions of the resident Medical Officer, Steward, or Matron, as to the treatment, classification, management, amusement, and employment of the patients.
26. They shall not allow any patients to leave their respective galleries or day rooms, without the sanction of the resident Medical Officer, Steward, or Matron.
27. No attendant shall remove a patient from one department to another without due authority.

28. They shall put no patient under restraint or in seclusion without the authority of the resident Medical Officer, or, in his absence of the Steward, or Matron.
29. They shall receive no money or presents from patients or their friends.
30. All attendants and servants shall attend divine service as often as they can be spared from their necessary duties, and shall see that all the patients that do so are clean and decently clothed.
31. They shall see that the patients under their charge have their proper allowance of food, and that they do not deprive one another thereof.
32. The attendants shall immediately render mutual assistance to each other when necessary or required to do so, in case any patient be violent.
33. They shall see that the patients under their charge go out for air and exercise into the yards daily, and into the gardens and grounds when permitted to do so by the resident Medical Officer, Steward or Matron.
34. They shall return every evening to the assistant Matron and first male ward Attendant the number of patients employed in their various departments, and the number of patients who have attended chapel during the day.
35. They shall not smoke in the galleries or out-buildings, nor allow the patients to do so.
36. They shall on no pretence whatever allow the patients the use of a key.
37. All ward attendants, gardeners, laundresses, and other servants or workmen employed in the Asylum shall be responsible for the care and custody of the patients respectively employed in their various departments, and should any patient escape through their negligence they shall bear such portion of the expense of retaking such patient as the Visitors may deem fit to order.
38. They shall be diligent and faithful in the performance of their respective duties, and obey the directions of the resident Medical Officer, Steward, and Matron, subject to the general control of the Superintendent, and they shall observe the strictest propriety of conduct in their language and demeanour.

III. THEIR PRIVILEGES.

39. The attendants shall be allowed to go out every second Sunday after dinner, with the permission of the Steward and Matron, unless required at home.
40. Married men shall be allowed to go to their homes every other night, and shall return by six on the following morning, unless required at the Asylum.
41. They shall receive such wages as the Committee of Visitors shall from time to time determine.

(Signed,)

THO. CHA. HIGGINS, *Chairman.*

APPENDIX
[D]

TABLES.

STATISTICAL TABLES

BY THE

RESIDENT MEDICAL OFFICER

TABLE I.

GENERAL RESULTS OF THE YEAR.

Patients in the Asylum, Dec. 31st, 1850.	M.	F.	Total.
Curable	11	13	24
Incurable	124	121	245
	135	134	269
Patients admitted during the year	37	41	78
Total under treatment	172	175	347
Removed during the Year.	M.	F.	Total.
Recovered	16	10	26
Improved	8	15	23
Unimproved	1	3	4
	25	28	53
Died	16	11	27
Remaining in the Asylum, Dec. 31st, 1851	131	136	267

TABLE II.

NUMBER OF ADMISSIONS, DISCHARGES, AND DEATHS,
DURING EACH MONTH IN THE YEAR.

Months.	Admissions.			Discharges.			Deaths.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
January	2	4	6	2	7	9	1	1	2
February	4	7	11	2	6	8	1	2	3
March		3	3	2	4	6			
April	6	2	8	1	1	2	2		2
May	3	6	9	5	3	8	1	2	3
June	2		2	1		1	2	1	3
July	8	4	12	2	1	3	1	1	2
August	3	7	10	4		4	2	2	4
September	3	5	8				2	1	3
October	2	1	3	3	1	4		1	1
November	3	1	4	2	4	6	3		3
December	1	1	2	1	1	2	1		1
Total	37	41	78	25	28	53	16	11	27

* * * The seven following Tables contain the particulars of 78
cases admitted during the year.

TABLE III.

Age	M.	F.	T.
From 10 to 20 years	2	3	5
„ 20 to 30 years	8	8	16
„ 30 to 40 years	9	5	14
„ 40 to 50 years	7	10	17
„ 50 to 60 years	8	9	17
„ 60 to 70 years	1	4	5
„ 70 to 80 years	2	2	4
Total	37	41	78

TABLE IV.

Duration of Insanity previous to Admission.	M.	F.	T.
Not exceeding 1 week	6	2	8
„ „ 2 weeks	1	4	5
„ „ 1 month	1	6	7
„ „ 2 months	1	4	5
„ „ 3 months	3	5	8
„ „ 6 months	1	5	6
„ „ 1 year	2	6	8
„ „ 2 years	3	1	4
„ „ 6 years	1		1
„ „ 10 years	1		1
„ „ 26 years		1	1
Not ascertained	13	4	17
Congenital	4	3	7
Total	37	41	78

TABLE V.

Social Condition.	M.	F.	T.
Married	17	17	34
Widowed	4	7	11
Single	16	17	33
Total	37	41	78

TABLE VI.

Form of Insanity.	M.	F.	T.
Mania with Delusions	18	16	34
Suicidal	1		1
Epilepsy	3	2	5
Melancholia		1	1
with Delusions		4	4
Suicidal	3	5	8
Dementia	4	7	11
Amentia		2	2
Imbecility	8	4	12
Total	37	41	78

TABLE VII.

Number of Attacks.	M.	F.	T.
First	20	29	49
Congenital	4	3	7
Not ascertained	13	9	22
Total	37	41	78

TABLE VIII.

OCCUPATIONS.

MALES.		FEMALES	
Bakers	2	Bonnet-Sewer	1
Cabinet-Maker	1	Carpenter's Wife	1
Carpenters	2	Labourer's Wives	13
Gardener	1	Lacemakers	2
Horsedealer	1	Miller's Wife	1
Labourers	17	Plaiter	1
Saddler	1	Sempstress	1
Sawyer	1	Servants	9
Shoemaker	1	Shoemaker's Wife	1
Stonemason	1	No Occupation	11
Tailor	1		
Turner	1		
Weaver	1		
Wheelwright	1		
No Occupation	5		
Total	37	Total	41

** * * The six following Tables contain the particulars of 53 cases discharged during the year.*

TABLE IX.

Age	M.	F.	T.
From 20 to 30 years	9	7	16
„ 30 to 40 years	5	10	15
„ 40 to 50 years	6	2	8
„ 50 to 60 years	5	5	5
„ 60 to 80 years	5	4	9
Total	25	28	53

TABLE X.

Form of Insanity.	M.	F.	T.
Mania with Delusions	20	11	21
Melancholia with Delusions.....		5	5
Suicidal		2	2
Dementia.....	1		1
Imbecility	4	10	14
Total	25	28	53

TABLE XI.

Residence in the Asylum.	M.	F.	T.
Not exceeding 1 month.....	2	1	3
„ „ 6 months	8	4	12
„ „ 1 year	7	7	14
„ „ 2 years	6	5	11
„ „ 3 years		6	6
„ „ 10 years	1	4	5
„ „ 19 years	1		1
„ „ 31 years		1	1
Total	25	28	53

TABLE XII.

Number of Attacks.	M.	F.	T.
First	13	18	31
Not ascertained	12	10	22
Total	25	28	53

TABLE XIII.

Social Condition.	M.	F.	T.
Married	7	9	16
Widowed	2	7	9
Single	16	12	28
Total	25	28	53

TABLE XIV.

OCCUPATIONS.

MALES.		FEMALES	
Baker	1	Baptist preacher's Wife	1
Carpenter	1	Labourer's Wives	9
Labourers	10	Miller's Wife	1
Painter	1	Scripture reader's Wife	1
Saddler	1	Servants	6
Shoemakers	3	No Occupation	10
Stonemasons	2		
Tailor	1		
Weaver	1		
Wheelwright	1		
No Occupation	3		
Total	25	Total	28

*** * The six following Tables contain particulars of 27 deaths during the year ending December 31st, 1851.*

TABLE XV.

Age.	M.	F.	T.
From 20 to 30 years	4	2	6
„ 30 to 40 years	3	1	4
„ 40 to 50 years	4	2	6
„ 50 to 60 years	3	4	7
„ 60 to 70 years	1	2	3
„ 70 to 80 years	1		1
Total	16	11	27

TABLE XVI.

Social Condition.	M.	F.	T.
Married	10	5	15
Widowed.	1	2	3
Single	5	4	9
Total	16	11	27

TABLE XVII.

Form of Insanity.	M.	F.	T.
Mania	9	2	11
Melancholia	1	1	2
Dementia	5	6	11
Amentia	1	2	3
Total	16	11	27

TABLE XVIII.

Length of Residence in Asylum.	M.	F.	T.
Not exceeding 4 days	1		1
„ „ 1 month.....	2	4	6
„ „ 3 months	1	3	4
„ „ 6 months	2	2	4
„ „ 1 year	1		1
„ „ 2 years	3		3
„ „ 4 years	3	1	4
„ „ 11 years	1		1
„ „ 12 years		1	1
„ „ 13 years	2		2
Total	16	11	27

TABLE XIX.

Causes of Death.	M.	F.	T.
Old age and general decay		1	1
Gradual exhaustion	3	4	7
General paralysis	4	1	5
Ulceration of the bowels	1		1
Fever		1	1
Epilepsy	3		3
Apoplexy	1	2	3
Disease of the stomach.....	1	1	2
Hydrothorax	1		1
Disease of the heart	2		2
Constipation of the bowels		1	1
Total	16	11	27

TABLE XX.

OCCUPATIONS.

MALES.		FEMALES.	
Carpenters	2	Bonnet-Sewer	1
Groom	1	Labourer's Wives.....	3
Horsedealer	1	Tailors's Wife	1
Labourers	6	No Occupations	6
Shoemaker	1		
Soldier	1		
Tailor	1		
No occupation	3		
Total.....	16	Total.....	11

*** * The four following Tables contain the particulars of 267 cases remaining in the Asylum, December 31st, 1851.*

TABLE XXI.

Number.	M.	F.	T.
Curable	4	10	14
Incurable	127	126	253
Total	131	136	267

TABLE XXII.

Age.	M.	F.	T.
From 10 to 20 years	15	9	24
„ 20 to 30 years	28	7	35
„ 30 to 40 years	24	24	48
„ 40 to 50 years	32	52	84
„ 50 to 60 years	27	28	55
„ 60 to 70 years	2	14	16
Not ascertained	3	2	5
Total	131	136	267

TABLE XXIII.

Social Condition.	M.	F.	T.
Married	39	43	82
Widowed	7	15	22
Single	78	76	154
Not ascertained	7	2	9
Total	131	136	267

TABLE XXIV.

Summary.	M.	F.	T.
Average number attending chapel	50	40	90
„ „ employed	60	40	100
Number of Epileptics	13	19	32
„ „ Dirty habits	30	22	52
„ „ Idiots and those totally demented	22	36	58

TABLE XXV.

General Table of Admission, including all Re-admissions, from the Opening of the Asylum, in 1812, to Dec. 31st, 1851.

	1850.			1851.			Total.		Grand total
	M.	F.	T.	M.	F.	T.	M.	F.	
Admissions, inclu. re-admiss.	861	850	1711	37	41	78	898	891	1789
Deduct re-admissions	48	47	95	1	2	3	49	49	98
Total	813	803	1616	36	39	75	849	842	1691

TABLE XXVIII.

DISCIPLINE.

All the Patients in the Asylum, except the sick, rise, are set to work, leave off work, and go to bed at the times mentioned as under, viz :—

	Time for Rising.	Interval for Breakfast	Time for Work.	Interval for Dinner.	Time for Work.	Interval for Supper.	Time for going to bed. *
From 25 Mar. to 29 Sept.	6 o'clock.	7 to 8	8 to 12	12 to 2	2 until 6	half-past 6	8 o'clock.
From 29 Sept. to 25th March.	6 o'clock.	7 to 8	8 to 12	12 to 2	2 until 4	half past 6	8 o'clock.

* Those Patients who wish to go to bed earlier are allowed to do so.

TABLE XXIX.

D I E T A R Y.

Days of the week.	Breakfast.		Dinner.		Supper.	
	Males.	Females.	Males.	Females,	Males.	Females.
Sunday, ..	8 oz. bread, 1½ pint porridge.	6 oz. bread, 1 pint porridge.	6 oz. meat with vegetables.	5 oz. bread with vegetables.	8 oz. meat 1½ oz. cheese	½ lb. plum bread ¾ pint tea.
Monday	1½ pint soup with 8 oz. bread.	1 pint soup with 6 oz. bread.	ditto and ½ pint beer.	6 oz. bread, 1 oz. cheese or ½ oz. but- ter ½ pt. beer
Tuesday	6 oz. meat with vegetables.	5 oz. meat with vegetables.
Wednesday	1½ pint soup with 8 oz. bread.	1 pint soup with 6 oz. bread.
Thursday..	6 oz. meat with vegetables.	5 oz. meat with vegetables.
Friday	1½ pint soup with 1 oz. bread.	1 pint soup with 6 oz bread.
Saturday	16 oz. suet pudding.	12 oz. suet pudding.
Sick Patients,		whatever is ordered by the Superintendent or Medical Officer.				
Patients in the wash-house and Galleries		two ounces of bread, half an ounce of cheese, and half a pint of beer for luncheon.				
Patients in the garden		two ounces of bread, half an ounce of cheese, and half a pint of beer for luncheon, and half a pint of beer in the afternoon.				

BENJ. FIELDING MATTHEWS,

Resident Medical Officer.

APPENDIX

[E]

ABSTRACT OF ANNUAL RETURNS

8 & 9 VIC., CAP. 126. SCHEDULE D.

Name of Union.	In County Asylum.		In Licensed Houses or other Asylums.		With Friends and in Workhouses.		Totals of both Sexes.	Persons not in confinement.			
	M.	F.	M.	F.	M.	F.		Dangerous to self or others.		Of Dirty Habits.	
								M.	F.	M.	F.
<i>Bedfordshire.</i>											
Ampthill	7	7	7	8	29	3	..
Bedford	8	22	7	7	44
Biggleswade	9	3	9	11	32	1	..
Hitchin, part of
Leighton Buz.,pt. of	1	2	1	..	4
Luton, part of	13	8	2	4	27	1	1
Neots St., part of..	..	2	2	3	7	1	..
Wellingboro,'part of	3	..	3
Woburn.....	6	4	2	3	15
Totals	44	48			33	36	161			6	1
<i>Hertfordshire.</i>											
Albans St.	4	5	9	21	39
Amersham, part of
Barnet, part of	1	..	.	1
Berkhampsteadpt.of	5	2	3	7	17
BishopStortfordptof	5	9	1	1	8	7	31	1	..
Buntingford	2	4	3	3	12
Edmonton, part of	1	2	..	1	1	1	6
Hatfield.....	4	6	2	3	15
Hemel Hempstead..	4	6	1	1	12
Hertford	6	5	1	1	4	2	19	1	..
Hitchin, part of ..	11	12	..	1	10	8	42
Luton, part of	1	1
Royston....	4	3	7	1
Ware	6	6	6	6	24
Watford.....	9	8	4	6	27	..	1	3	3
Welwyn.....	..	2	1	2	5
Totals	57	68	2	5	56	70	258		1	5	4
<i>Huntingdonshire.</i>											
Caxton, part of....	1	1
Huntingdon	5	11	..	1	4	1	22	2	..
Ives, St., part of ..	9	9	2	..	21
Neots, St., part of..	7	1	..	1	4	9	21	1	1
Oundle, part of....	1	..	1
Peterboro,' part of	2	2	4	2	10
Stamford, part of
Thrapston, part of..	..	1	1	3	5
Totals	24	24		2	16	15	81			3	1
Grand Totals	125	140	2	7	105	121	500		1	14	6